TELLING OUR STORIES: Immigrant Women’s Resilience

A one-of-a-kind graphic novel written by immigrant women, to support immigrant women
TELLING OUR STORIES : A GRAPHIC NOVEL

Telling Our Stories: Immigrant Women’s Resilience is a part of OCASI’s Prevention of Sexual Violence and Harassment Project, funded by MCI: The Ministry of Citizenship and Immigration.

An integral part of the project is to provide education and training to community members and service providers on sexual violence. Telling Our Stories: Immigrant Women’s Resilience was created through a series of creative writing workshops with immigrant and refugee women who came together to learn, share and compile the stories in this novel. We hope that you will share the stories with your families, friends and communities and continue the discussion on sexual violence and harassment. For more information or to order copies of the graphic novel, please send us an email to vaw@ocasi.org.

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WELCOME MESSAGE

One in three women in Canada will experience sexual violence in their lifetime. Most survivors of sexual violence do not report their assault to anyone, including police, social services, friends, and family members. This is due to fear of stigma, lack of support, the very real possibility of being blamed for the assault, and a lack of knowledge about sexual violence and that support can be accessed. Racial, ethnic and religious discrimination and prejudice, as well as homophobia, biphobia and transphobia create particular barriers for women in dealing with sexual violence. Newcomer women are particularly vulnerable because of their immigration status and because they are new to Canada.

We have created the graphic novel “Telling Our Stories: Immigrant Women’s Resilience” to speak to one aspect of newcomer women’s experience, that of community support and engagement in situations of violence. We hope that these stories will start conversations in our communities on countering violence against women, and lead to people taking action and changing attitudes towards sexual violence, including their own.

Community workers have an important role to play in changing the conversation about sexual violence. We hope this new resource will support you as well as others in the critical work you do to address violence against women.

Debbie Douglas, Executive Director, OCASI

Fayza Abdallaoui, President, MOFIF

ABOUT OCASI

OCASI was formed in 1978 to act as a collective voice for immigrant serving agencies and to coordinate responses to share needs and concerns.

OCASI is a registered charity governed by a volunteer board of directors. Its membership is comprised of more than 200 community-based organizations in the province of Ontario. The Mission of OCASI is to achieve equality, access and full participation for immigrants and refugees in every aspect of Canadian life.

ABOUT MOFIF

MOFIF, the Ontarian Movement of the Francophone Immigrant Women, is a provincial non-profit organization created in Ottawa in 2003. Its mission is to carry out research and projects focused on improving the lives of francophone women in Ontario through integration, advocacy, and public education. MOFIF develops tools, trainings and campaigns for the various organizations offering services to women.
ACKNOWLEDGEMENTS

OCASI would like to express sincere appreciation to the representatives of the participants of the creative writing workshops and advisory committee members for their input and assistance in developing the graphic novel.

We would like to send a heartfelt thank you to all the participants of the creative writing workshops in Toronto, Ottawa and Windsor, without whose support and input this graphic novel would not be possible. They include: Alona Soschen, Annie-Olivia, Awa Ndiaye, Awa Dao, Blanca, Edith Igwe, Ghina, Helena Nynao, Hyam Dabbagh, Jia Li (Carrie) Hou, Jordanka Kanova, Maham Gull, Mariah, Mais, Marie-Francisca Ntabala, Mehroz Ahmed, Michelle Tomlinson, Mona Barkat, Nathalie Nadon, Necah, Nicole Williams, Pierette, Rebecca Miller, Safira Abu Di, Sala Al-Anisi, Sarah Al-Anisi, Shi Jia Hong, Stella and Xiu Lin.

The members of our advisory committees:

- Access Alliance Multicultural Health and Community Services
- Action ontarienne contre la violence faite aux femmes
- Argana, Association des femmes maroco-canadiennes
- Association des juristes d’expression française de l’Ontario
- CALACS francophone d’Ottawa
- Centre francophone de Toronto, service juridique
- Centre de santé communautaire Hamilton/Niagara
- TAIBU Community Health Centre
- Collège Boréal
- Conseil scolaire Viamonde
- Immigrant Women Services Ottawa
- Julie Lassonde, avocate et artiste
- Oasis Centre des femmes
- Ontario Coalition of Rape Crisis Centres
- Rexdale Women’s Centre
- Springtide Resources
- The Redwood
- University of Toronto, Factor-Inwentash Faculty of Social Work
- Windsor Women Working with Immigrant Women
- Women’s Health in Women’s Hands Community Health Centre

We would additionally like to thank Newcomer Women’s Services, Windsor Women Working with Immigrant Women, Immigrant Women Services Ottawa and Mouvement Ontarien des Femmes Immigrantes Francophones (MOFIF) for their support in hosting the creative writing workshops.

Project Lead: Krittika Ghosh & Siham Chakrouni
Francophone Project Coordinator: Djia Mambu

Illustrations and Design by Coco Guzman
Hi Mary! Remember to bring cassava leaves for tomorrow.

Of course, Kose. How are you girl?

Working for my mom’s restaurant as always.

Oh Kose! One day you will have your children working for you.

First help me find a man!

Kose is that you? Did you see Mary?

Yes mom.

That machine of yours keeps beeping.

It’s a computer mom!

I know, I am not THAT old.

When is the restaurant’s website going to be completed?

If you let me work, it’ll be done soon.

Mmm, who is this message from?

Dear Kose, you don’t know me, but I always read your posts and I wanted to

Oh wow... Hello handsome!
Another day. And another. And another.

How’s the website going?

Dear Kose, How was your day?

Hi Soft G. I’ve been busy.

You work very hard.

Almost done!

Hi K., it’s snowing again here in Canada.

I’d love to see the snow.

We can skype and I’ll show you.

Another day.

Kose!

Still working on it mom!

And another.

I can’t believe how everything is covered in white.

Hi Kose, I can’t believe we are finally meeting!

I love going for walks in the snow.

But don’t you freeze?

And another.

I’m going to look for a flight right now.

Hello Kose, I can’t believe we are finally meeting!

He’s so charming.

And yet another.

At the restaurant we had our special fish dish. We were busy until midnight.

I hope I can try your food one day.

That would be great!

Maybe I’ll come on my next holidays.

I would love that!

I’m so nervous, what if he doesn’t like me?

Hi Kose, I booked my flight, I’ll be with you in three weeks!

Sorry mom.

Just landed. I see her. This is going to be easy.

I’m going to look for a flight right now.

I hope I can try your food one day.

That would be great!

I would love that!

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I hope I can try your food one day.

That would be great!

I would love that!

I’m so nervous, what if he doesn’t like me?
I'm going to the market to run some errands. Do you want to come?
I'll go anywhere with you Kose.

I love this market. I've been coming since I was a child and I know everyone.

Kose, you did not need my help to find a handsome man!

This market is beautiful.

Being here with you... Kose you are the most beautiful woman I've ever seen

Are you sure you are not a player?

I do not play with love. I am speaking from my heart. Do you know what my heart is saying?

Noooo?

That I have found my soulmate in you. Do you feel the same?

Yes I do!

We spent the rest of his holidays getting to know each other. He met my parents. I showed him my childhood house. We went out with my friends. He proposed. I said yes. I told him I wanted to have three children and open a famous restaurant. He said we would work together to make my dreams come true. He said he would sponsor me to become a permanent resident. When his holidays ended, he went back to Canada. On his next holiday, he came back and we got married. I moved to Canada.
A few months later…

Can you hear what my heart is saying?
That you’re my soul mate.
I saw you with her. Please stop it, I don’t like it. It’s hurtful.

I don’t care what you think. You depend on me and I can get you deported.

I am sorry madam your card was declined.
WHAT?

But how am I going to do groceries if you cut off my access to our bank accounts?
You are too stupid to do them anyway.

But I’ve done groceries all my life! I used to go to the market every day!
You don’t understand anything. Things in Canada are different.

I’m leaving. Give me the keys to the house.
Why?

You just want to go out to meet guys.
That’s not true. I want to make friends.

I told you to stay in!

But I cannot live all alone! I need friends! I need community!

No! Please!
YOU ARE STUPID!!
No!

SHUT UP!
Please don’t beat me.

WHORE!
PLEASE!

I was always Bruised Alone

He knew not to hit me on the face or on any body parts people might notice.
I can’t leave. I don’t have any money. He’s my husband. It’s not rape if it’s my husband, right? If I call the police they will deport me.
Kose I want to go out tonight! Stop what you are doing and get dressed.

At least I’ll breathe fresh air.

All these women with their partners and friends…sigh.

Blah blah blah.

They all look happy. Why don’t I deserve to be happy?

Blah blah blah.

I need space.

Why me? What did I do wrong? BUAH.

I want to be happy. Sniff.

BUAH.

Oh honey.

Sniff, who’s that?

I’m Nisha. I’m here honey, you can talk to me.
This is how I met Nisha, in the washroom of a restaurant. I told her my story and showed her the bruises all over my body. She was furious. We both cried. She said ‘I’m going to help you Kose’

Here is my number. Tomorrow when he leaves for work, call me. I will come pick you up.

The next day.

Nisha?
He’s gone.

Here we go!!

I’m going to introduce you to Sarah. She helped me a lot.

You? Did your husband beat you?

My neighbor stalked me and sexually abused me. That why I left India and came here.

That’s terrible.
Sarah was warm.

Hi Kose, I am very happy to meet you.

She listened to me.

Nobody, including your husband has the right to abuse you.

And offered me support.

Let’s start by making a safety plan for you and then I will show you all the programs we offer.

I started going to the agency regularly.

Hi Sarah!

Hi Kose.

Ready to start business class?

I’m making new friends and I love this business class. Maybe one day...

I started my business making the sweets your granny taught me.

THAT’S IT!

So when my husband left for work next day.

So now you whisk it!

Like this?

KOSE these are the best sweets in town!

YES!
I started selling sweets to friends and to friends of friends. Every day when my husband left I started cooking right away.

Every evening I gave him two or three sweets out of the hundreds in the closet, so he couldn’t be suspicious of the smell.

Soon all my friends were working for me, distributing sweets around town. Anita you’re taking 200 downtown. Carla you’re taking 100.

And I was saving enough money to one day...

And after a little bit more time and a little bit more business skills...

KOSE SWEETS

Hi honey, you’re home early!

It smells delicious.

Hi honey, you’re home early!

I made it mom!

I’m so proud of you Kose.
Thank you mom!

I think Monday is THE day.

Mom?

Kose! How are you?

I made it mom!

I’m so proud of you Kose.
Thank you mom!

BYE!

THE END
One September morning.

Good morning! It seems autumn has arrived on this September Monday! The weather is now…

21° Celsius and the sun is shinning…

Almost 6 months in Canada…

Oh, it’s Monday – I have English class this evening. See you tonight!

Good morning!

Hi… I mean, good morning.

See you then, honey!
Good morning, Magali!

Good morning, Don.

Can you stay till 8p.m.? I’d like us to go over the changes to the report.

OK… Yes, sure.

I have been asked to stay late once again this week. It’s getting to be too much…

I need this job. It’s my first job in Canada…

So, see you tonight Mag.

Yes, Don…

Here are all the documents, Don.

Has anybody ever told you how beautiful you are?

Oh, excuse me – I’ve got to go to the washroom.
What does he want from me? Is it just a compliment or am I exaggerating?

Is this the way things are in the workplace in Canada?

What makes him think I’m interested in men, anyway?

Yet another evening.

You really like this job, don’t you?

Yes…

Keep it this way between us and you’ll get a promotion, you know…

I don’t want to cause problems but I really don’t like his behaviour and comments. Should I tell him? Is this normal behaviour here??

Yes, I’d better keep my job – but at what price?

I hope I won’t lose this promotion opportunity because of him.
I am lucky to work with a sexy woman like her, don't you think?

We make a great team together. We have such understanding!

Mag, your phone is ringing.

I'm taking a shower, baby! Can you take the call, please?

Mag, what happened at the party last night?

Don's message almost destroyed my relationship.

I wonder if anyone can help me... or maybe give me advice.

Magali...
I’ve been watching you for some time now. You don’t look OK.

You’ve even lost weight…

What’s going on? Is something wrong?

Hmm… You see, it’s… working with Don… I don’t think his attitude towards me is appropriate…

Come, let’s have coffee together. The others will join us if that’s OK with you…
I’m confused…

Be careful not to lose your job. You need it – it’s your first job in Canada. Just let it be – he’s a big shot in the company.

You should go to Human Resources.

Are you sure? The guy’s married, though! He’s always been decent towards me.

I think you should keep as far away from him as possible. This guy has a bad reputation. Maybe ask to be switched to another position?

You know, you can find resources in English and French – and in other languages too.
Don’t forget – you can count on me.

Thanks, see you tomorrow...

Do I resign?

If I resign, I won’t have to keep living under such stress.

Then I keep my dignity, but I lose my job because of him.

If I just leave without saying anything, he’ll likely start it over again with someone else.

He’ll feel free to carry on, maybe go even further.

Do I just close my eyes...

and wait for the whole thing to fade away?
And you – what would you do?

Speaking to someone could maybe help me gain back my confidence – and defend myself.

If I face him, I take control of my destiny. It won’t be easy...

Perhaps I could find resources and support in my language...

Can I complain if that’s not enough? To whom?

Maybe I should start by doing some research.

If I close my eyes and wait for it to pass, I will dread going to the office.

Do I confront him and file a complaint?

But my physical and emotional integrity are at stake.

If I face him, I take control of my destiny. It won’t be easy...

Speaking to someone could maybe help me gain back my confidence – and defend myself.

And you – what would you do?
I requested information from Human Resources. An investigation was launched.

I learned that it’s useful to keep evidence from telephone and written communications – and to have witnesses.

When I got informed, I was able to better understand the signs of sexual violence at work, the options available to me, and what I can do. I am hopeful!

In the meantime, I continue to break isolation and get informed. Now I know how to decode signs of harassment – to recognize and name them!
My name is Reem and I have a friend named Amal. We are newcomers to Canada. Amal is a refugee and I came as an International Student to complete my Master’s in architectural engineering. After spending a lot of time together, we became best friends, and trusted each other completely.

How do I say ‘duck’?

Duck

I really need to improve my English!

I was thinking of getting an English tutor. What do you think?

That’s a great idea Amal!

How can I find a tutor?

I’ll keep an eye for English tutor posters.

Reema! I found a tutor, his name is John.

Thats great, Amal!

If you want, I can walk you home. We can have a safety code on the phone.

Sure! I’m meeting him every Monday in his office.
Hi Amal. Please take a seat. I've been expecting you.

Hi John.

Oh come on dear, sit here close to me. It'll be easier for me to teach you this way.

Why is he looking at me like this?

This is strange, why does he want me to sit so close?

The neighbour was convinced that the...

Who's that?

Just a friend...

It's almost time to go anyways. Let me drive you, it's pouring.

Mmm... OK.
I just want to get home.

Oh you are cold!

I’m OK...

Let’s take this off! You’re going to get sick!

It’s all wet.

NO!

STOP!

NO!

It’s all wet.

STOP!

It’s all wet.

STOP!

I want to go!

Haha you’re crazy.

STOP! I want to go!

Haha! I’ll stop when you calm down.
Reema? ...sniff...
WHAT HAPPENED?
Come please.

I don't know where I am. In a café. I'm all wet. Sniff.

Come fast please.

I hope the shower warmed you up. Here is your favourite tea.

BUAAAH!

She was crying but finally she shared what happened.

Amal it is not your fault!
But I went in the car.

But you didn’t give him permission to touch you.

No I didn’t...

There should be consequences for his behaviour.

Really?

This is sexual assault. We should complain to the dean.

OK Reema.
And I told him to stop but he was just laughing at me and I was yelling stop!

Listen Miss Al Eryani, John has been a TA here for 4 years.

Before that he was my student; an excellent one, and he has a brilliant career ahead of him.

So I am certain that this is a misunderstanding.

You are unaware of Canadian culture and values.

But sir...

Men and women are friendly here. Talk to John and work things out.

Talk to John? Talk to John! How can he say that!???

Why doesn’t he believe me?

Let’s go to my place and figure out what to do next.

The next day.
That was so sexist, racist and Islamphobic!

Totally! What a jerk!

I’m so upset!

Is there anyone you can think of that you would like to talk to? Let’s make a list and find someone.

That’s a good start!

So we have the students groups...

The counsellor, the Assaulted Women’s Helpline, the Chaplain

Faith is very important to me, I’d like to talk to the Chaplain first.

Great! Let’s go tomorrow!

The next day.

I was told I misunderstood him so I’m not sure if what happened was wrong.

Did you give permission for him to touch you?

Then it was wrong.

No I did not.
As the Chaplain on campus I have made ending Violence Against Women a priority in my work.

I believe you and what happened to you is not OK.

Thank you.

We should all work together to end Violence Against Women.

I agree.

Here is some information on Bill 132; a bill that was passed recently.

As you can see Bill 132 requires colleges and universities to have policies on preventing sexual and gender based harassment.

As well as clear procedures to take action when violence occurs.

Amal, if you decide to file a formal complaint.

I would support you.

But that is your choice.

Thank you.
Thank you Reema!

For now, I’m treating you to sushi.

What are you going to do Amal?

Life is so much better with sushi.

And with Bill 132.

I am going to file a complaint. It is my right. What John did was wrong!

I want everyone to know about Bill 132. Let’s get the Student Union and Women Organizations and other groups involved.

We’ll ask for a policy on campus for mandatory training on consent culture and sexual violence for students, faculty and staff.

The next week.

STOP VIOLENCE Against WOMEN

STOP VIOLENCE Against WOMEN

STOP VIOLENCE Against WOMEN

STOP VIOLENCE Against WOMEN

THE END
Valeria! I'm so happy to see you!

Welcome home Manuela!!

How was your tour? You've been playing all over Ontario!

It was AMAZING!

I met so many nice people and played in so many different spaces.

You are a STAR!

It's so good to see you after so long!

You were missed Manuela.
I'll see you tomorrow for brunch.

Thank you for coming Valeria.

Oh I feel like dancing. I'll go to Zee lounge!

Hi! You’re Manuela the singer! I’m Jack. I’m the owner of the Zee lounge. Would you like a drink?

Sure!

I’ve heard about you and seen you here before.

I’m going to the washroom. I’ll be right back.

No problem, take your time Manuela.
Manuela you’re such a great dancer!

Mmm I’m feeling a little bit dizzy.

I have a little room where you can take a nap.

Thank you.

Hi guys!

Who is this pretty thing?

Show my friends how well you dance!

We hear you like both guys and girls. We need to fix that.

Hi Jack.

Please don’t lock the door!

Noo!
A few hours later.

The three of them raped me. They left me in the room.

Manuela! Shall I call the police?

No! It's my fault!!!

But...

They won't believe me!

I don't want to repeat the story.

Ok.

It's my fault for accepting that drink! And for leaving him with my drink! And for dancing with him.

My dear. You didn't do anything wrong. It is not your fault. He drugged you. They raped you! It's a crime. You were drugged. You cannot give consent if you're drugged.

They said they had to fix me because I'm bisexual.

I think we should go to the sexual assault treatment center.

Welcome to the centre, Manuela. My name is Shivana and I am going to be your nurse. I'm here to support you.

If you want, we can collect evidence that you can use if you decide to press charges in the future. Would you want us to do that?

There is no pressure to press charges. Here are some places you can go to for counselling and support. What you have gone through is traumatic.
Here Manuela, I made you some tea.

I'll stay with you all night. You are not alone.

The next morning.

I'm making coffee. Do you want some toast?

Sure.

Thank you for everything.

You are not alone Manuela. I'm here for you!

What happened to you is rape, it is sexual assault. Those men are to blame. It is not your fault.

You never gave your consent. You could not give your consent because you were drugged.
After that night, Manuela wasn't able to complete her normal every day tasks. She was constantly reminded of the sexual assault.

After coming here for months, I feel ready to share my story with you today.

Manuela told them what happened to her.

Jack from the Zee lounge?

He did the same to me.

Yes, Jack the owner drugged me and then raped me.

That's terrible. I hope this Survivors Support group meeting is helpful.

Yes. Thank you for coming with me.

At the survivors support group meeting Valeria and Manuela met many women, some of whom spoke about their experience with sexual harassment, sexual assault and rape. They also spoke of their healing journeys as they realized what happened to them was not their fault and that their stories, voices and lives mattered. Manuela began attending the meetings regularly.
To you too?
Yes, I felt too ashamed to say anything.
To me too.

I was scared to go to the police. I thought they would say it’s my fault.

I want to do something.
Maybe we can do something to stop him from harming more women.

They organized themselves.

This is looking great.
I’m looking forward to this.
Thank you.

How do you like the pamphlet?
I love it!

How many posters have we put up?
250!!!

Are you ready?!
YES!
YES!
YES!

Thank you.
What is going on?

We’re fighting sexual violence. Join us!

STOP SEXUAL VIOLENCE AGAINST WOMEN

CONSENT CULTURE!!! NOT RAPE CULTURE!!!

NO, MEANS NO!

We made this pamphlet to talk about consent.

I’m glad we know now, I’m never coming back here.

Many in the community supported the women in their fight. This gave birth to a community group aimed at fighting sexual violence through education and collective action.
DISCUSSION QUESTIONS

We are hoping that these stories will lead to conversations about the topics covered in the graphic novel, so that we can change attitudes towards sexual violence. Feel free to refer to these questions to start discussion with your friends, family and community.

KOSE’S STORY (Pages 5-14)

1. At the beginning of the story we see Kose as a carefree, independent young woman. How does she change after she meets her husband?

2. How does life change for Kose after she moves to Canada?

3. Kose’s husband takes away her keys to their house. How is that problematic?

4. Discuss the ways in which Kose’s husband is manipulative and abusive towards her. How does his behavior impact Kose emotionally?

5. Kose’s husband claims that it is his right to have sex with her even without her consent as they are married. What do you think about this? What would you tell Kose if you were her friend?

6. How does Kose meet Nisha? How does Nisha support Kose?

7. What kind of support does Kose get after she goes to Immigrant Women’s Services? How does her life change?

8. In what way does starting her own business change Kose’s life?

MAGALI’S STORY (Pages 15 - 23)

1. What vulnerabilities and barriers does Magali face, when she experiences workplace sexual violence and harassment?

2. What led Magali to take action against Don?

3. What kind of information would have been helpful for Magali and when?

4. What do you think of the behaviour of Magali’s colleagues (who she meets for coffee)?

5. What kinds of obstacles might Magali be confronted with in the future (after filing the complaint)?

6. Have you ever experienced workplace sexual violence and harassment, but had difficulty recognizing?

7. Do you know someone who is or has been through the same situation as Magali?

8. In your opinion, what is the best way to improve community awareness about workplace sexual violence and harassment?
**AMAL'S STORY (Pages 24-31)**

1. How would you describe Reema and Amal’s relationship?

2. What forms of violence does Amal experience?

3. In what ways does John violate Amal’s boundaries?

4. How does Reema support Amal? How would you have supported her?

5. What do you think of the dean saying that Amal is unaware of Canadian “culture and values”? Would he have reacted the same way if Amal was not visibly Muslim? Why does the Dean defend John?

6. In what way does the Chaplain respond to Amal?

7. What is Bill 132? How will it impact survivors of sexual violence?

8. What do you think Reema and Amal do after they go to the student union?

**MANUELA’S STORY (Pages 32-39)**

1. At first Manuela blames herself for the assault. What reasons does she provide for this way of thinking?

2. What messages exist in our society (from friends, family, media, school, work etc...) that blame survivors of sexual violence for their experience? What messages exist in our society that support them?

3. Valeria talks about consent with Manuela. How were you taught consent? What happens when consent is violated? When should we be taught about the meaning of consent and why?

4. How does Valeria support Manuela? If you were her friend, how would you have supported Manuela?

5. What factors make sexual violence different from other crimes? For example, if Manuela’s car windows were smashed she most likely would not blame herself. What makes sexual violence more complicated to understand / deal with?

6. The story refers to Manuela being bisexual and her perpetrators trying to “fix”. What do you understand from that?

7. Manuela gets support from a group of people who have experienced similar incidents of sexual violence. Why is this type of support important?

8. Can you think of examples from your community of how survivors of sexual violence have been supported? What actions are needed to ensure social / community support for survivors of sexual violence?
REFLECTIONS

Please use the space provided here to write down your thoughts, sketch or doodle in response to the stories in the graphic novel. This is your space to use as you feel like!
Assaulted Women’s Helpline
24 Hours | 7 Days a Week | 200 Languages | Confidential | Anonymous
The Helpline provides free crisis counselling, emotional support, safety planning, information and referrals to all women in the province of Ontario. Call us today if you or someone you know is experiencing abuse.
GTA: 416-863-0511
Toll Free: 1-866-863-0511
TTY: 1-866-863-7868
www.awhl.org

Ontario Council of Agencies
Serving Immigrants
110 Eglinton Avenue West, Suite 200
Toronto, Ontario M4R 1A3
vaw@ocasi.org
www.ocasi.org
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contact@mofif.ca
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If you need support, please contact:

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