

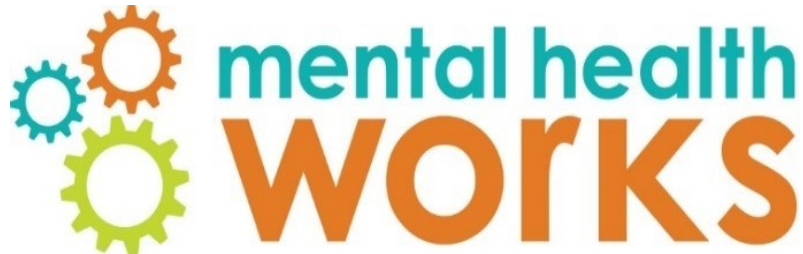


Canadian Mental
Health Association
Ontario

Association canadienne
pour la santé mentale
Ontario



OCASI in collaboration with CMHA Ontario Presents:



SEPTEMBER 24, 2018

9:00am to 4:30pm

Location: Central YMCA,
20 Grosvenor Street
Toronto, ON M4Y 2V5

Breakfast and lunch provided.

This training is part of a free Mental Health Promotion workshop series open to OCASI members working with immigrants and refugees.

Must register by September 14, 2018.

The workshop will cover:

Traumatic Stress and Compassion Fatigue

Mood & Depression

Stress & Anxiety

Psychological Health and Safety

For more information or any special needs, please contact Nadia at njunaid@ocasi.org or 416-322-4950 ext.246

This workshop series is a part of OCASI's Mental Health Promotion project to build the capacity of newcomer and refugee services to promote mental health and newcomer wellbeing, and respond to mental health issues. The project aims to strengthen collaborations and partnerships between newcomer and refugee serving organizations, primary health, and mental health sectors through the development of a service model for mental health promotion.

Funded by:

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